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Dear Residents and Families,

With the holidays fast approaching, and COVID-19 cases on the rise, we would like to take a moment to assure you that we are continuing to work diligently to protect the health of our residents in our communities.

Our visitation policies will continue to be based on the AZDHS guidelines. We will not be serving holiday meals, or any other meals, to visitors in the community, nor will visitors be allowed in our community dining and common areas.

If a family member decides to take a resident from the community, we will request that the resident self-quarantine for a period of 14 days upon their return to the community in order to protect the health of other residents.

We hope you take the time to review and consider the Arizona Department of Health Services (www.azdhs.gov/director/public-information-office/index.php#news-release-111820) developed recommendations to help keep everyone safe during the holidays:

- Fresh air: Celebrating in the open air of your yard or a park reduces the chances of transmitting COVID-19, though taking additional precautions is always a good idea. If moving outside isn't an option, open windows and patio doors to increase ventilation, maintain physical distance, and wear masks when not actively eating or drinking.
- Make it smaller: Reducing the number of individuals and households gathering reduces the risk that someone who is infected will attend. Virtual meeting programs are a great way to connect friends and family, including vulnerable older family members, without the risk of exposing each other to COVID-19.
- Don't let down your guard: It's easy to feel safe around relatives and friends you know and trust. In the interest of everyone's health, wear masks and physically distance around those who aren't members of your household, including those returning from college, and only hug and touch members of your household. Stay home and join virtually if you feel ill or think you may have been exposed to COVID-19.
- Serve smart: Avoid self-serve setups, buffets, and sharing serving utensils. If sharing food, have one person serve and use single-use options, like plastic utensils.
- Keep hands clean: Wash your hands before and after preparing, serving, and eating food. Consider giving each of your guests a travel-size sanitizer so they can practice good hand hygiene throughout the gathering.

We thank you for your support as we continue to strive to keep our vulnerable residents as safe as possible.

Sincerely,

Steve Jorgenson
CEO & President